GOVERNMENT OF PUNJAB DEPARTMENT OF HEALTH & FAMILY WELFARE

Parivar Kalyan Bhawan, Sector 34-A, Chandigarh

No. COVID-19/NHM/Pb/20/1640-48

Date 21 July 2020 Chandigarh

To

- All the Special Chief Secretary/ Additional Chief Secretary/ Financial Commissioners / Principal Secretaries/ Administrative Secretaries to the Govt. of Punjab.
- 2. All the Head of the Department of the Govt. of Punjab.
- 3. All the Commissioners of the Divisions.
- 4. All the Commissioners of Police.
- 5. All the Deputy Commissioners.
- 6. Registrar General, Punjab and Haryana High Court.
- 7. All Senior Superintendents of Police.
- 8. The Secretary, Punjab Vidhan Sabha.
- 9. All the Civil Surgeons of Punjab.

Subject:

Advisory on cleaning and maintenance of Mobile Phones during the COVID-19 pandemic.

Corona virus Disease 2019 (COVID -19) is a systemic disease caused by a novel Corona virus (SARS-CoV-2), transmitted in most instances through respiratory droplets, direct contact with cases and also through contaminated surfaces/objects. Timely and Correct and timely information and knowledge about the corona virus is the key to control the pandemic.

I. General Advisory

- Always keep your hands clean and sanitized with hand-wash/ sanitization with 70% Isopropyl Alcohol based sanitizer. Hands be washed or sanitized in the manner prescribed.
- Hand-wash with soap and water/sanitization in the prescribed manner should be practiced after unavoidable mobile phone usage.
- 3. Avoid keeping the mobile phone on any surface.

- 4. Don't use someone else's mobile phone/headphones/headsets and don't share your mobile/headphones/headsets with others.
- 5. Use of headphones/headsets (Wired/Wireless) is advised to avoid direct contact of the phone with the face/mouth.
- 6. Use of mobile phones on Speaker mode, if feasible, may be practiced as an alternative to point 5, i.e., where Head phones/head sets are not available..
- 7. In office settings, use of intercom facility be preferred over the use of mobile phones. However, the intercom facility be regularly disinfected.

II. Advisory for cleaning the mobile surfaces

- It is advised to carefully read the "User Support Guidelines" of one's mobile as also the updated version of these guidelines on the official website of the relevant mobile company.
- 2. While wiping the exterior of Mobile phones with a disinfectant, in case permissible in the User Guidelines, the use of bleach or entry of moisture through any of the openings must be avoided. Any harsh chemical may damage the oleo-phobic screen, leading to damage in the touch screen sensitivity of the phone.

Director Health and Family Welfare, Punjab

No. COVID-19/NHM/Pb/20/ 1649-53 Copy for information:

Date 2 / July 2020 Chandigarh

- OSD to Chief Secretary for kind information of Chief Secretary Govt. of Punjab.
- 2. PS to Additional Chief Secretary Health and Family Welfare Punjab
- 3. PA to Secretary Health and Family Welfare Punjab.
- 4. PA to MD PHSC.
- 5. State Control Room for COVID-19.

Director Health and Family Welfare, Punjab